

## Medication List

USE THIS AS A RESOURCE TO CHART ALL MEDICATIONS

## My Medication List

BE SURE TO INCLUDE ALL PRESCRIPTION MEDICATIONS, OVER-THE-COUNTER MEDICINES, VITAMINS, DIETARY SUPPLEMENTS, HERBS, HOMEOPATHIC REMEDIES, OXYGEN, AND INHALERS.

| Name:                        |                              |                                     |  |
|------------------------------|------------------------------|-------------------------------------|--|
| Doctor:                      |                              | Phone:                              |  |
| Pharmacy:                    |                              |                                     |  |
| Emergency Contact:           |                              |                                     |  |
|                              |                              |                                     |  |
| MEDICATION NAME/DATE STARTED | DOSAGE<br>(MG, UNITS, DROPS) | WHEN TAKEN<br>(DAILY, BEDTIME, ETC) | REASON FOR TAKING<br>(BLOOD PRESSURE, DIABETES, ETC) |
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