



OUR TERMINAL



Hospital Packing List

A GUIDE TO HELP BOTH PATIENT AND CAREGIVER FEEL BETTER PREPARED FOR THEIR NEXT PRE-PLANNED OR UNEXPECTED HOSPITAL STAY



Patient List

- Toiletries: toothpaste/toothbrush, comb, contact solution, deodorant, tweezers, chapstick
- Cell phone or tablet (iPad)
- Phone charger/portable charger
- Extra Blanket
- Fuzzy Socks
- Baby wipes
- Notepad or journal
- Pen
- Bible or devotional
- Robe
- Glasses
- Box of soft kleenex
- Hair ties
- Clean Underwear
- A picture from home (if a long term stay)
- Medication List
- Going home clothes

Caregiver List

- Deck of cards
- Healthy snacks
- Coins or cash for the vending machines
- Ear plugs
- Eye mask
- Pillow
- Slippers
- Flip flops for shower
- Mints or gum
- Word find/puzzle book/coloring book
- Magazines
- Clean Underwear
- Hoodie
- Change of clothes
- Reusable water bottle
- Important Phone Numbers
- Calendar for follow up appointments